

Lavender



- Calming to the mind and body
- Soothes tummy issues
- Relaxes achey or sore muscles

Dandelion



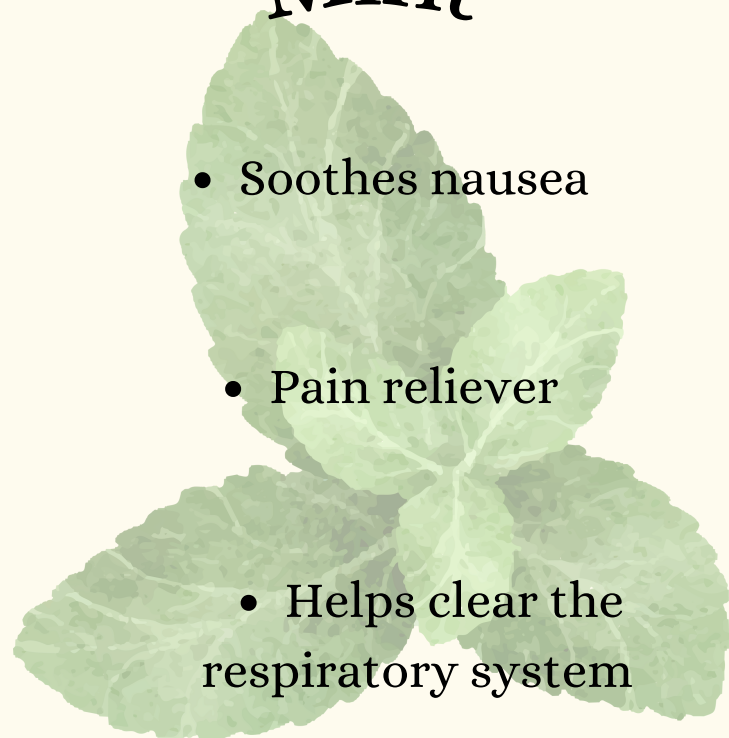
- Dandelion flower tea
- Soothes indigestion and constipation
- In salves, can soothe rashes or mild burns

Calendula



- Moisturizer for the skin & heals rashes/wounds
- Combats inflammatory reactions
- Gentle fever reducer

Mint



- Soothes nausea
- Pain reliever
- Helps clear the respiratory system

Salvia

- Helps with memory & focus
- Antibacterial
- Antioxidant



Eucalyptus

- Aids in headaches
- Soothes coughs & colds
- Bug Repellent



Aloe Vera

- Heals burn wounds
- Eases digestive issues
- Skin protectant



Chamomile

- Calming tea
- Aids in nausea & vomiting
- soothing for mouth sores



Chamomile

- Immune support

- Reduces pain

- Help lower
blood sugar

